



Beetroot, carrot and apple salad

Recipe from Thermomix

Ingredients

- 400g uncooked beetroot, peeled
- 150g carrots, peeled
- 1/2 red onion
- 1 green apple
- 3 T fresh coriander, chopped finely
- 30ml extra virgin olive oil
- juice of a lemon
- Salt and pepper to taste

Method

This recipe is from the Thermomix cookbook and is usually made in the amazing Thermomix wonder machine! If no Thermomix available here's my adaptation.

1. Using a V slicer or food processor with a fine julienne attachment chop beetroot, carrot, onion and apple. Place in a bowl with the coriander and combine.
2. Whisk oil, lemon juice, salt and pepper, pour over the salad and fold through.